

## Hum Aur Hamara Samvidhan: Understanding the preamble to the Constitution of India

The existence and successful survival of democracy in diverse culture is the most celebrated fact about India and the Constitution is its backbone. To reinforce the significance and importance of the constitution more than 130 youths from Bihar, Jharkhand, Delhi, Odisha, Himachal Pradesh, Kashmir, Uttarakhand, Rajasthan, Maharashtra, Madhya Pradesh, Chhattisgarh, Maharashtra and Uttar Pradesh participated in a 4-day workshop to De Constructing the preamble to Constitution of India.



The program commenced with the introduction of Constitution and its significance. Some unknown facts about the Constitution of India were also shared with the students. Thereafter, the guiding values mentioned in the Preamble were briefly explained by the fellows which was followed by reading of the preamble



The first activity was exhibition of cultural expression of all the states through Dance, Songs and wearing traditional attires.



Jharkhand



Bihar



Uttarakhand



Himachal



Madhya Pradesh



Chhattisgarh



Rajasthan



Uttar Pradesh



Odisha

This was followed by three days of discussions to understand and analyse the preamble. Mentor fellows took specific theme-based sessions from the Preamble to discuss and deconstruct the preamble to the constitution and constitutional values. During these separate sessions, which were specifically designed on the themes of Justice, Liberty, Equality Fraternity, Secularism, Socialism, Sovereignty, and Democratic Republic; fellows engaged with the participants through activities correlating with their own daily life and socio-economic & geo-political experiences and explained the philosophy of the Constitution through these themes. The final session which culminated the 4-day workshop, summed up the essence of the preamble with the understanding of 'adepting & giving these constitutional values to ourselves', to 'We the people of India'.

Through these sessions, mentor fellows tried to highlight how a society can collectively attain Fraternity through Justice, Liberty and Equality. Every aspect of the preamble to the constitution was explained in very simple language and through stories and activities depicting day-to-day happenings. This conglomeration of sathis from different areas to celebrate and discuss on the Constitutional Values as guided by the values enshrined in the preamble was a much engaging and enriching experience that is planned to be documented as modules for larger use and mutual learning.

**Click on the link given below for the short film made by the Mashal News on the Nagpur workshop:**



<https://www.youtube.com/watch?v=wultGckXGLk>

**We hope you will continue to support our endeavours and help us work with local communities in their quest for social and economic justice.**

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